

# The big question?

### At Arete:

Communication skills are a valuable part of a residential trip. You will be given lots of new information at Arete, in new exciting situations. Being able to listen carefully to what you have been asked to do and ask questions if you don't understand is vital.

### **Pre Course Ideas:**

- Can you interview someone that has been on any residential or to Arete before?
- What information can you gather that will help you and your peers before your visit?
- Do you have any questions for the Arete staff?
- Collate a list of them to ask on arrival, as a class you could email the office or look at the videos and the website to see if you can find the answers for yourself.

## Personal Qualities and Skills

Effective Communication

### Can you:

Be prepared and find out about your residential.

### Additional information:

Don't forget you can bring your questions with you or ask your teacher to email us.



Learning through adventure